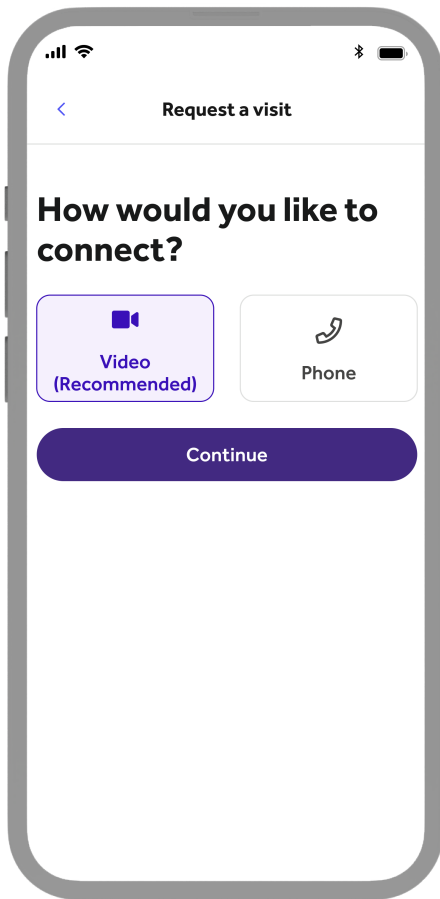


The right care when you need it most

Here for you anytime, anywhere, by phone or video.



Your Teladoc Health service(s):



24/7 Care **Free/visit**

Need care for non-urgent and common conditions? Get same-day virtual visits from anywhere. Teladoc Health's doctors, nurse practitioners and other healthcare providers can diagnose, treat and even prescribe medicine if needed.

- Allergies
- Bronchitis
- Flu
- COVID-19
- Pink eye
- Rashes
- Sinus infections
- Sore throats



Dermatology **\$85/online review**

Dealing with a skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription, if needed, in 24 hours or less.

- Acne
- Eczema
- Psoriasis
- Skin infections
- Rashes
- Rosacea

Get started

Visit [TeladocHealth.com](https://www.TeladocHealth.com)

Call 1-800-835-2362 | Download the app

Refer to your employee booklet at [umar.com](https://www.umar.com) for Teladoc benefits

Phone and video visits are not required or part of the Teladoc Health Dermatology service. Teladoc Health is not available internationally.